

PVE in Helsinki

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Helsinki



Helsinki

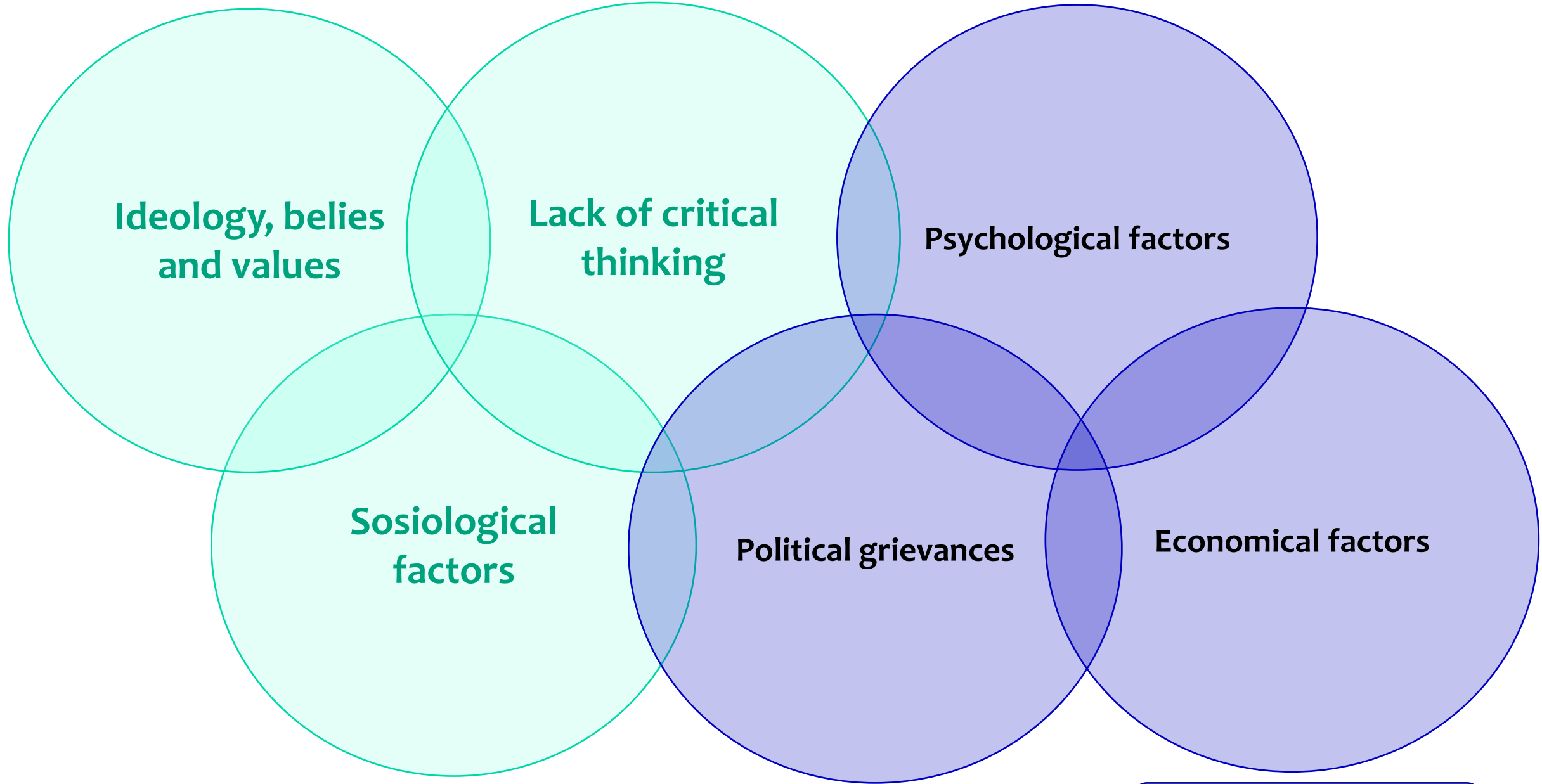
Helsinki

To which extent is violent extremism an issue in Helsinki?

- By and large **it is not**
 - There are some extreme right and anti-fascist individuals, but on a general level, their numbers and importance have gone down, as has overt jihadism due to the defeat of Daesh in Syria
- The concern for strictly C/PVE has therefore become a **wider concern for segregation and more general polarization of society**
- This leads to the need of Helsinki city to tackle phenomenon such as
 - Hate speech
 - **Segregation**
 - Individual **loneliness and marginalization**

Helsinki and C/PVE

- The main approach of **Helsinki** is to **make PVE part of its normal structures**, i.e. by diminishing the hold of the known drivers for violent extremism by making sure **segregation and marginalization are tackled through the services available for all**
- The **ICUC program** (PVE focus) has been financed by a number of sources, and is now being run in comprehensive schools, at which point **Helsinki city** itself is financing it
- The main source of **city-level non-financial support in C/PVE** is the shared expertise by other cities and networks: Finland C6 (six biggest cities); Nordic Safe Cities; RAN & other similar networks



I See You See (ICUC) program

- I See You See program (in Finnish **Minun Silmin Sinun Silmin**, www.misi.hel.fi/en) is an **evidence based intervention**
- Tailored especially for **youth 14 +**
- Tailored for schools, youth social work and NGOs

The goals of ICUC

- **Provide youth** with different ethnic/religious background **tools how to manage living “between cultures”**
 - And to decrease a sense of conflict between the two
- **Teach critical and constructive thinking skills and media literacy**
 - Also foster academic skills of reflection and many faceted thinking
- **Promote dialogue and understanding** between youth of different backgrounds (ethnic, cultural, religious)
- Teach **resilience** and **emotional regulation** skills
- Teach **constructive communication skills**, including conflict resolution and negotiation skills

6+1 modules led by trained facilitators

1. Change and resilience
2. Relationships
3. Group dynamics
4. Negotiation skills
5. Justice and equality
6. Media
7. What did I learn?

- Each session is 75 min
- Safe environment necessary, hence group rules
- Material in Finnish, Swedish and English

Thank you!

Anneli Portman

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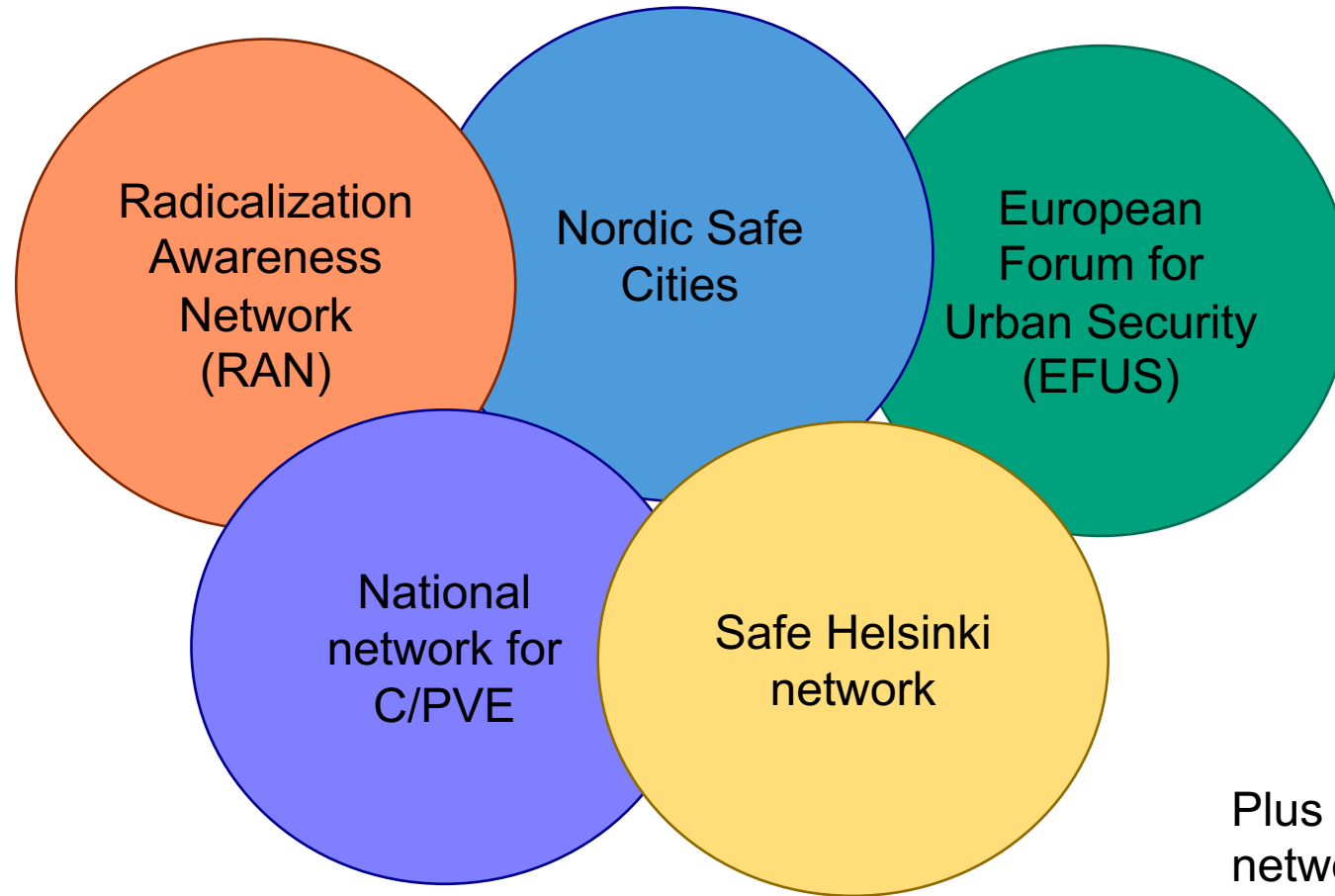
www.misi.hel.fi/en

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Video:

<https://misi.hel.fi/en/>

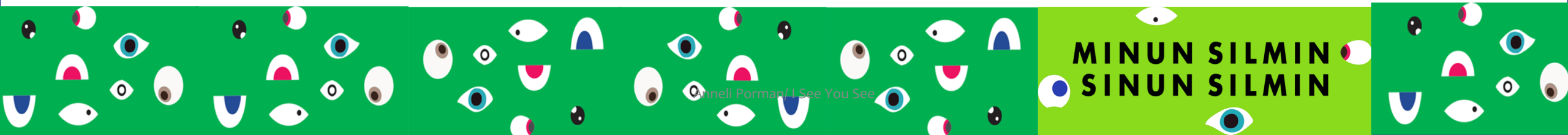
Networks for C/PVE in which Helsinki participates



Plus some more targeted networks, e.g. European Urban Safety network

Research results

2017-2018



MiSi -courses



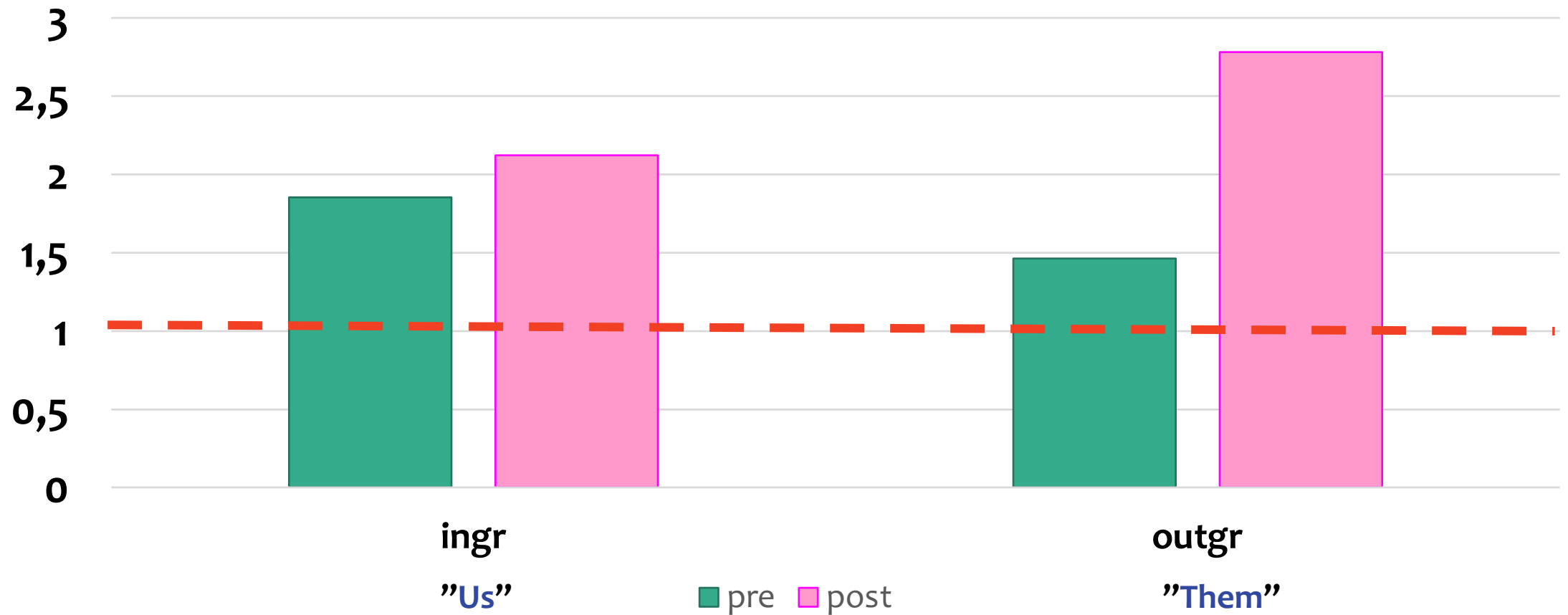
- 7 facilitator courses for adults (N= 121)
- 8 courses for youth 13-18 yrs (N= 168)
- Pre and post testing:
 - Empathy
 - Perspective taking
 - Structure of thinking: black and white vs. multifaceted

”When I’m upset at someone, I usually try to put myself in his shoes for a while”



+ $p < .10$
* $p < .05$
** $p < .01$

Structure of thinking (youth)



Stakeholders...

Helsinki

- City Executive Office
- Education Division
- Culture and Leisure Division
- Youth Services
- Social Services and Health Care Division



HELSINGIN YLIOPISTO
HELSINGFORS UNIVERSITET
UNIVERSITY OF HELSINKI



TURVAPAIKKA-,
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Ministry of
Education
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RIKOKSENTORJUNTANEUVOSTO
RÅDET FÖR BROTTSFÖREBYGGANDE

National Council for Crime Prevention





Thank you!

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MINUN SILMIN
SINUN SILMIN